

Make a difference in the life of a family...



Are you looking for a way to give back to your community?

Our Home-Start program is looking for volunteers!

What is Home-Start?

Home-Start is a free program coordinated by Boys and Girls Clubs of Calgary that offers support to families, with young children, who may be experiencing a variety of issues:

Feeling alone

Caring for twins and triplets

Postpartum depression

Being new to Canada

Parenting and/or family stresses

Illness in the family

What does a Home-Start volunteer do?

- Visits a family's home once per week
- Provides support, friendship and encouragement
- Gets the family involved with the local community
- Shares their own experiences of parenting and family life

Training, Police and Child Welfare checks are provided.

Interested in getting involved?

For more info, or to learn about upcoming training sessions, contact our Home-Start Coordinators or visit our website at www.boysandgirlsclubsofcalgary.ca

North Calgary: Marion, 403-660-6809, mpaulson@bgcc.ab.ca

South Calgary: Claudia, 403-660-1136, csanchez@bgcc.ab.ca



Boys & Girls Clubs
of Calgary



Home-Start Calgary